



# Dr. Arezou Yaghoubian

MD, FACS

*Triple Board-Certified Plastic Surgeon*

Media Kit

 ESTHETICA • LA  
Arezou Yaghoubian, M.D. | Plastic & Reconstructive Surgeon

# Leading the Future of Aesthetic Medicine



## UCLA Graduate

David Geffen School of Medicine  
alumna with exceptional academic  
distinction



## Aesthetica LA Founder

Premier luxury plastic surgery  
practice in Los Angeles



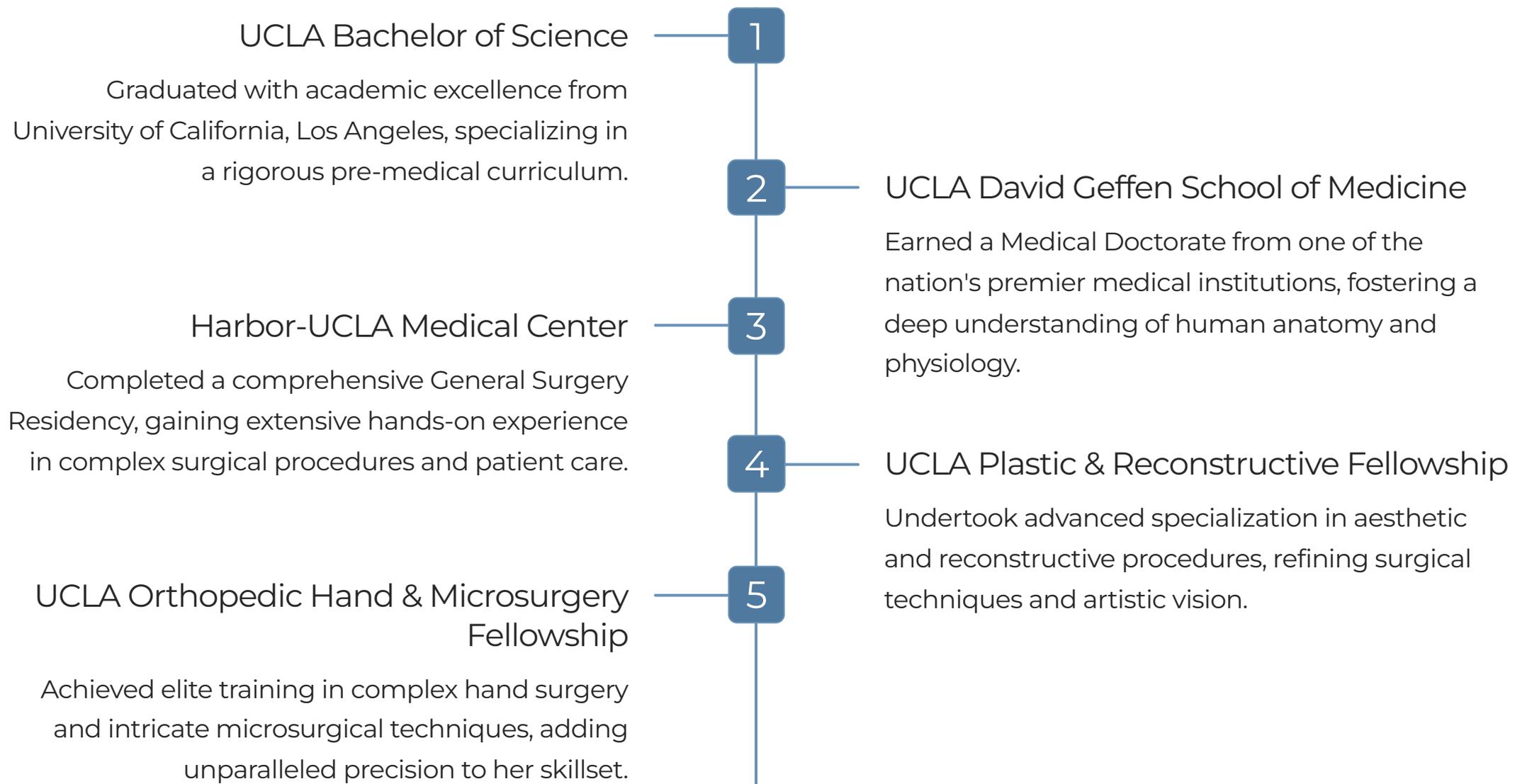
## Published Expert

Nearly 50 research publications  
and book chapters in plastic  
surgery

Dr. Yaghoubian combines surgical artistry with compassionate patient care, offering the full spectrum of aesthetic, reconstructive, and hand procedures. Her precision and natural approach have made her a nationally recognized authority in plastic surgery.

# Distinguished Educational Foundation

Dr. Yaghoubian's academic journey laid the groundwork for her exceptional expertise in aesthetic medicine.



# Triple Board-Certified Excellence

## American Board of Plastic Surgery

The gold standard certification for plastic and reconstructive surgery expertise, reflecting an unwavering commitment to aesthetic and functional excellence.

## American Board of Surgery

Comprehensive general surgery certification demonstrating surgical mastery and a foundation built on meticulous technique and patient safety.

## Surgery of the Hand

American Board of Plastic Surgery

Subspecialty certification in complex hand surgery and microsurgical procedures, backed by advanced fellowship training in orthopedic hand and microsurgery at UCLA.

# Academic Leadership & Research Excellence

## Clinical Instructor

Department of Plastic Surgery at Olive View-UCLA Medical Center, shaping the next generation of surgeons.

## Research Authority

Nearly 50 peer-reviewed publications and book chapters advancing the field of plastic surgery.

## Global Impact

Surgical mission trips including cleft repair work in Guatemala, advocating for patient safety and women in surgery.



"My goal is to combine surgical artistry with patient-centered care to deliver natural, elegant outcomes."

# Awards & Recognition

---

## **Chief Resident of the Year**

Recognized for exceptional leadership and surgical excellence during residency training

## **Teacher of the Year**

Honored for outstanding contributions to medical education and mentorship

## **Super Doctors Rising Star**

Distinguished recognition among top plastic surgeons in Southern California

## **Multiple Research Awards**

ACS competition awards and Resident Research Award for advancing surgical knowledge



# Professional Authority & Memberships

## American Society of Plastic Surgeons

ASPS

The premier organization for board-certified plastic surgeons in the United States, upholding the highest standards of patient care and ethical practice.

## American Society for Surgery of the Hand

ASSH

A distinguished society dedicated to advancing the art and science of hand and upper extremity surgery, reflecting unparalleled expertise.

## American Association for Hand Surgery

AAHS

An elite membership fostering groundbreaking research and education in hand surgery, ensuring continuous innovation and excellence.

# Media Features & Press Coverage

Dr. Yaghoubian's expertise and insights have been featured across leading media outlets, establishing her as a trusted authority in plastic surgery and aesthetic medicine.

As Seen In

*Los Angeles*  
MAGAZINE

Highlighted for her expertise in body contouring procedures and her commitment to results that blend aesthetics with long-term wellness.

*VoyageLA*

Recognized for her inspiring personal and professional journey, and her dedication to excellence in surgical care and education.

**los angeles**wire

Featured for her thoughtful approach to beauty, wellness, and empowering patients through both surgical and non-surgical treatments.



# Expert Commentary Topics



## Mommy Makeovers & Postpartum Body Restoration

Comprehensive surgical and aesthetic solutions for body changes after pregnancy.



## Breast Reconstruction & Body Contouring

Advanced techniques for restorative and cosmetic breast surgery, and comprehensive body reshaping.



## Aesthetic Trends in Plastic Surgery

Insights into emerging techniques, innovative procedures, and evolving patient preferences.



## Patient Safety, Ethics, & Best Practices

Adhering to industry standards for risk management and ensuring safe patient outcomes.



## Women in Surgery & Medical Leadership

Advancing female representation, leadership, and mentorship in surgical specialties.



## Hand Surgery & Microsurgical Advances

Specialized expertise in intricate hand procedures and cutting-edge microsurgical innovations.

# Connect with Dr. Yaghoubian

AESTHETICA LA

Social Media

Premier plastic surgery practice  
in Los Angeles

@dr.arezou\_yaghoubian

[www.aestheticala.com](http://www.aestheticala.com)

---

PR Contact: [devin@toridigital.com](mailto:devin@toridigital.com)

For interview requests, expert commentary, or additional information,  
please contact our media relations team.

